

Have your next party at Onelife Fitness!

Birthday parties at Onelife Fitness are fun-filled and action packed! Choose from several theme options and additional features to ensure you and your child have the best party ever!

Onelife Party Basic:

Bring your own food, cake and games. We'll provide invitations, set up, decorate and provide paper goods. Party for 1.5 hours in a space set for you and your guests. Don't worry about cleaning up - we've got it covered!

Onelife Party Premiere:

Our specialized staff will select games and activities for you and 10 guests. Enjoy 2 hours of fun! Food, refreshments, invitations, decorations and paper goods all included.

Onelife Best Party Ever:

The ultimate birthday experience! You'll meet with your party planner prior to the party to decide on the theme, games and every detail of your party. Includes up to 12 guests. Our specialized party staff will take care of providing a top notch service.

Parties include the following details so you can relax!

- Invitations
- Pizzas
- Balloons for all guests
- Hosting w/ Staff Supervision (2 staff members)
- Party Supplies
- Drinks (juice available)
- Setup/Cleanup
- Candles

You may customize your party, including the theme, number of guests, additional features, length of time and more! Just ask your Club's Party Coordinator for details!



	Onelife Party Basic	Onelife Party Premiere	Onelife Best Party Ever	Add Ons
MEMBER	\$149	\$249	\$349	Face Painting - \$25
NONMEMBER	\$199	\$299	\$399	Moonbounce - \$39
	1.5 hours	2 hours	2 hours	Extra Guests - \$10/guest
	You may supply your own food and refreshments	2 Pizzas & Refreshments	2 Pizzas & Refreshments	Extra Pizza- \$10 each
	Balloons for each party guest	Plates, Cups, Napkins and Flatware	Plates, Cups, Napkins and Flatware	Extra Refreshments - \$5 each
	Complete Set-up/Clean-up	Balloons for each party guest	Balloons for each party guest	Additional Staff \$35 (Lifeguard)
	Bring your own games	Complete Set-up/Clean-up	Complete Set-up/Clean-up	Extra 30 min. - \$49
	Up to 10 party guests	Organized games selected and run by our Party Pros	Fun-filled theme games and pre-selected activities with your Party Pro and run by our specialized staff	Personal Trainer to teach fitness/sports activities - \$69
	Onelife Fitness invitations with envelopes	Up to 10 party guests	Up to 12 party guests	Other add-on service - \$25
		Onelife Fitness invitations with envelopes	Onelife Fitness invitations with envelopes	
		An energetic Party Pro to lead your guest through the first hour of fun filled games & activities	An energetic Party Pro to lead your guest through the first hour of fun filled games & activities	
		2 specialized Party Pro staff members	A second hour for food, cake and play	
			Additional party pro to assist with party activities	
			<i>Lots of great photo opportunities. Ample space for relatives & parents to observe</i>	
			Free club access for guest's parents to workout in the club	

Options Are Endless at Onelife Fitness, Choose Any Party Theme!

- Soccer • Basketball • Wallyball • Playground Games
- Arts & Crafts • Tennis • Karate • Flag Football • Swimming • Zumba
- Dance • Pilates • Yoga • Personal Training • Squash • Racquetball
- Golf • Volleyball • Martial Arts

*Must supply your own cake for all events. All parties include ample space for relatives & parents to observe. Lots of great photos opportunities. **Themes are determined by the club facility and it's amenities.

For more information, visit sportandhealth.com/birthdayparties or email bestpartyever@sportandhealth.com.

