BOOK YOUR BIRTHDAY PARTY TODAY!

Birthday parties at Sport&Health are fun-filled and action packed, perfect for children, ages 3 to 11 years. Choose from several party options and additional features to ensure your child has the best party ever!

BASIC PACKAGE

• PREMIERE PACKAGE

"BFST PARTY FVFR!" PACKAGE

MOST PARTIES INCLUDE THESE FEATURES SO YOU CAN RELAX!

Invitations

• Drinks

Staff Supervision

Party Supplies

• Balloons for Guests • Setup / Cleanup

Candles

Pizzas

ADDITIONAL PARTY FEATURES:

- Dance Instructors
- Pool Time

- Arts & Crafts
- Personal Trainers
- Moon Bounce
- Face Painting

Let's face it, they aren't kids anymore. Meet with your Party Pro and let our Certified Fitness Professional lead the teens through a theme of your choice!

Soccer • Pilates • Yoga • Basketball Tennis • Personal Training • Squash Racquetball • Swimming • Volleyball Zumba • Group Exercise