

MIND/BODY INTRODUCTORY SPECIAL



Deepen your practice with hands-on teaching from a professional.
One session could revolutionize your life and your practice!

**One Introductory Private Pilates
session for just \$49!***

sport&health

sportandhealth.com

*Valid for one 45 minute private Mind/Body session. Restrictions may apply. May not be combined with any other offer or promotion. First-time Mind/Body clients only. Limit one.

MIND/BODY INTRODUCTORY SPECIAL



Deepen your practice with hands-on teaching from a professional.
One session could revolutionize your life and your practice!

**One Introductory Private Pilates
session for just \$49!***

sport&health

sportandhealth.com

*Valid for one 45 minute private Mind/Body session. Restrictions may apply. May not be combined with any other offer or promotion. First-time Mind/Body clients only. Limit one.

MIND/BODY INTRODUCTORY SPECIAL



Deepen your practice with hands-on teaching from a professional.
One session could revolutionize your life and your practice!

**One Introductory Private Pilates
session for just \$49!***

sport&health

sportandhealth.com

*Valid for one 45 minute private Mind/Body session. Restrictions may apply. May not be combined with any other offer or promotion. First-time Mind/Body clients only. Limit one.