

MARTIAL ARTS



BRAZILIAN JIU-JITSU



For more information or to register, visit sportandhealth.com/programs or contact:

Sorry, refunds or make-up days are not available for missed classes. However, if the club cancels the class, then either a make-up day or credit will be offered. If you have an injury and a physician's note, a credit will be given to your account. Program schedules may change or be cancelled due to low enrollment.



sport&health
sportandhealth.com