

For more information or to register, visit sportandhealth.com/programs or contact:

Program Director:

Phone:

Email:

Date:

Time:

Location:

Sorry, refunds or make-up days are not available for missed classes. However, if the club cancels the class, then either a make-up day or credit will be offered. If you have an injury and a physician's note, a credit will be given to your account. Program schedules may change or be cancelled due to low enrollment.







