

Onelife *FITNESS*



sport&health

HOW WELLTHY IS YOUR COMPANY?

"Do wellness programs make employees more productive? The obvious answer is yes." -ENTREPRENEUR

"How to lead a healthier, happier workforce." -FORBES

"Healthier workers are more productive, study finds." -WALL STREET JOURNAL

YOU WANT HEALTHY EMPLOYEES, WE WANT TO HELP.

The verdict is in: the strength of your corporate wellness program impacts your bottom line. Don't cut corners, partner with US Fitness.

Industry Leading Facilities

100+ pieces of cardio equipment, plus the newest in strength & functional training equipment

👃 Unlimited Group Fitness Classes

Zumba®, BodyPump[™], APEX-<u>HIIT</u> and all of your favorites

Corporate Wellness Events Customizable events with our leading experts

🎽 Delivering the Ultimate **Fitness Experience, To Every** Member, Every Time!